

Phillipa Colman

Moon

and

Sun

I am the pull and push of the wave  
I am the place where all is silent  
I am the mirror, borrowed light

I am the reason the shadows dance  
I am the song so alive and free  
I am the heat, a ready blaze

You watch the flicker of your own blaze  
You watch patterns in specks of light  
You watch creatures, once shy, roam free

You watch me play in each wave  
You watch crystal snow dance  
You watch the forest never silent

Why are you so silent  
Why are you dreaming carelessly free  
Why are you never willing to dance

Why are you lifted by my blaze  
Why are you rising and falling like a wave  
Why are you entranced by my pure light

Watch, I can be your guiding light  
Watch, I can play and dance  
Watch, I can change more than just a wave

Watch, I can keep still and silent  
Watch, I can cool my heated blaze  
Watch, I can set your spirit free

Teach me how to be free  
Teach me how to sing like a wave  
Teach me how to start my own blaze

Teach me how to dim my light  
Teach me how to be hidden and silent  
Teach me how to watch others dance

Now I see myself dance  
Now I see a softer blaze  
Now I see not all is silent

Now I see the darkness so free  
Now I see that pale light  
Now I see the memory of each wave

Together we will start a blaze of light  
Together we will start a song free and not silent  
Together we will start a dance along time like a wave